

Home > News > Royal

Royal wedding SHOCK: Gabriella must have 'stiff upper lip' if ex Pippa Middleton attends

LADY GABRIELLA WINDSOR will tie the knot with Thomas Kingston today - and one relationship expert says the bride will have to put on a brave face if the groom's ex Pippa Middleton attends her big day.

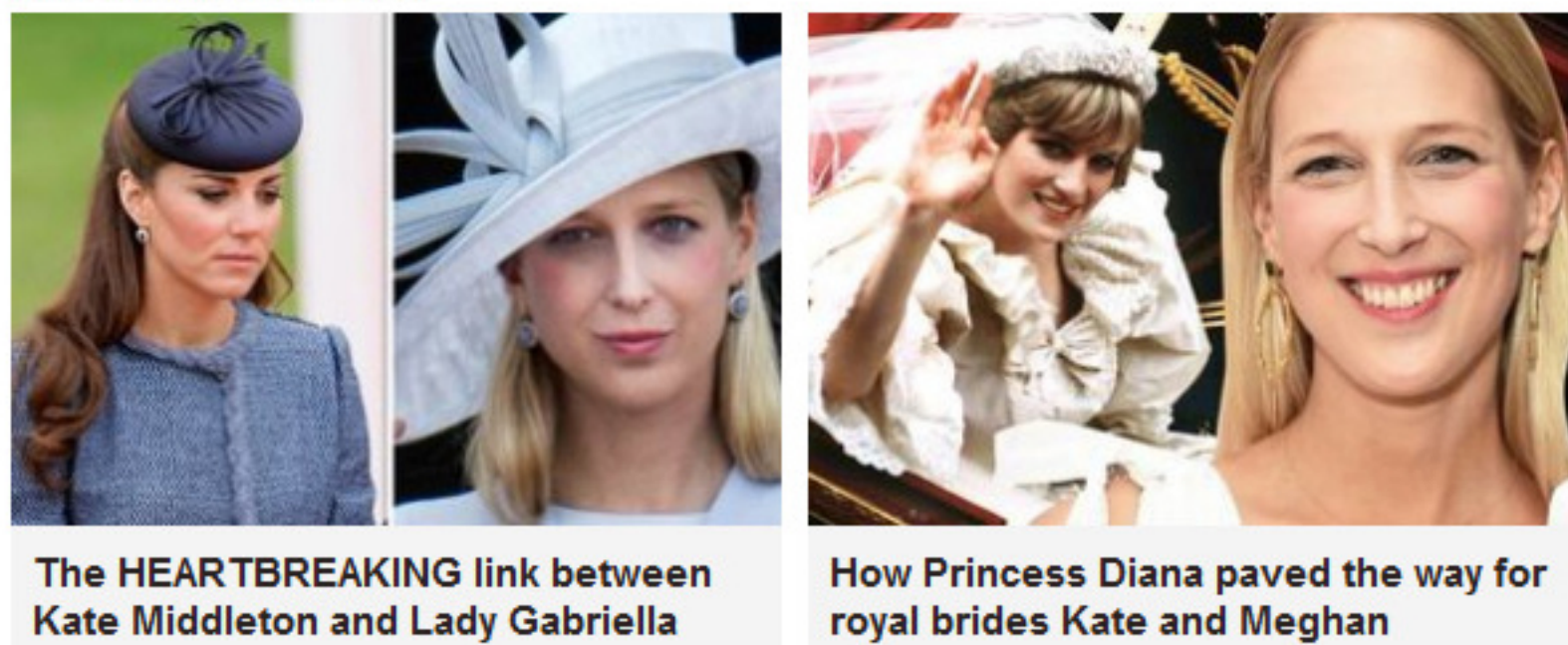
By **FREDERICA MILLER**
 PUBLISHED: 08:00, Sat, May 18, 2019

SHARE



Lady Gabriella Windsor, 38, is the Queen's first cousin once removed. The extended royal family member will marry long-term beau **Thomas Kingston** at **St George's Chapel, Windsor** today in the third royal wedding in just a year. The groom's ex Pippa Middleton is likely to attend the event and Lady Gabriella must have "a stiff upper lip" if she does, a relationship expert has claimed.

RELATED ARTICLES



The HEARTBREAKING link between Kate Middleton and Lady Gabriella

How Princess Diana paved the way for royal brides Kate and Meghan

Lady Gabriella Windsor and former civil servant Thomas "Tom" Kingston, 40, will be the third royal pair to get married in a year when they celebrate their nuptials today.

The couple, who are believed to have met in 2015, got engaged on the Isle of Sark in August last year.

Their Windsor Castle wedding will attract a plethora of high profile royals, including the Queen herself.

Pippa Middleton is also rumoured to be attending the day, as a long-term friend of the groom's - the pair used to date before he and Gabriella started going out.



Royal wedding shock: The groom's ex Pippa Middleton is likely to attend the wedding (Image: GETTY)

Pippa and Tom are understood to have ended on good terms and are still friends.

Lady Gabriella and Tom attended Pippa's wedding to James Matthews in 2017, so it's likely the invitation will be reciprocated.

Inviting an ex-partner to a wedding can be an emotional minefield, a relationship expert has explained.

Life coach Kate Mansfield claims Lady Gabriella will be expected to wear "a stiff upper lip" if ex Pippa attends.

RELATED ARTICLES



Royal wedding: Lady Gabriella to follow THESE royals

Lady Gabriella's royal wedding to be MISSED by Prince William



Royal wedding shock: Pippa Middleton and groom Thomas Kingston are reported to have dated (Image: GETTY)

Relationship expert Kate Mansfield told Express.co.uk: "There is no set protocol of the bride or groom inviting an ex to the big day in general, it really depends on how it's going to make either of you feel and it's a discussion whereby you both have to be in agreement.

"It's a decision which needs to be made jointly by the bride and groom without any interference from family members as down the line it could cause resentment."

She described Pippa and Thomas's ongoing friendship as a potential "hot potato" and claimed Lady Gabriella may have to put on a brave face if Pippa attends her big day.

Ms Mansfield said: "Staying friends with an ex is a hot potato, it requires a high level of maturity and honesty."



Royal wedding shock: Gabriella and Tom will tie the knot at St George's Chapel (Image: GETTY)

She continued: "If one of you still has feelings, parted badly or there's still an attraction then it's a bad idea."

According to Ms Mansfield an ongoing relationship between exes "rarely works" but royal family members may be under more pressure to keep face.

Ms Mansfield said: "It can obviously also cause issues with new partners, rarely it works.

"In this case there's a certain expectation of the Royals and society at this level to not have feelings and to keep a stiff upper lip.

"Thankfully this is changing thanks to the younger generations."

Most read in Royal

- Queen health news: Monarch urged not to ignore operation advice - 'It'll make it worse'**
- Royal heartbreak: Eton John reveals the devastating reason why he fell out with Diana**
- Princess Charlotte could have had unprecedented royal role - because of Jacob Rees-Mogg**
- Princess Beatrice set to snub Meghan Markle wedding venue claims royal expert**
- Princess Charlotte: Kate Middleton makes surprising revelation about little Charlotte**



Sarah Ferguson confirms location of Beatrice's royal wedding to Edoardo Mapelli Mozzi

Royal cull: Swedish king kicks grandchildren out of royal house... and Charles wants same

The Queen's 'favourite Prime Minister' revealed - it's not who you think

Princess Beatrice and Edo plan touching gesture at Royal Wedding

Prince George melts hearts as he cheers on Aston Villa with Kate, William and Charlotte

William, Kate, Meghan and Harry to make history as they appear on emotional TV advert

Meghan Markle's personal tribute to murdered South African student has been 'stolen'

Princess Beatrice wedding: Will Bea invite fiancé Edo's ex-girlfriend to wedding?

Kate Middleton Pakistan tour: The one extravagant thing Kate will take with her on tour

Meghan Markle and Prince Harry sent warning by Diana's former aide

Latest videos

- Joker budget: The staggering amount Joaquin Phoenix Joker movie made**
- Mindhunter: Who is serial killer Samuel Little? Will he be in Mindhunter season 3?**
- Polling guru reveals Boris's deal is more popular than May's - but Brexit Party unconvinced**
- Royal travel secrets: The weird way the Queen avoids jet lag revealed**
- 'Extremely sought-after' Christmas 50p coin collection released - where can you get them?**



Meghan Markle's father Thomas ready to travel to the UK to defend himself, source says

Princess Beatrice wedding: The key role Edo's son - will he be best man?

Kate Middleton and Prince William to face 'enormous challenge' as royals go 'against tide'

Harry and William to 'make history' as royal Fab Four reunite with Kate and Meghan's help

Prince George football: How did Prince William say to George after Aston Villa goal?

Meghan Markle, Harry, Kate and William to make TV history tonight in show of unity

Royal news: How Princess Margaret helped actress Helena Bonham Carter (from